

Seniors Resources

Name	Website	Socials	Phone Number	Address (Some may not be open to the public due to COVID-19, confirm before arrival)	Notes
Ashbourne	https://www.theashbourne.ca/	https://www.instagram.com/ashbourne_yeg/	780-430-5800	11148 84 Avenue Edmonton, Alberta	Assisted living residence
Edmonton Pride Seniors Group	https://www.epsg.ca/				Helping to create safe spaces in Edmonton for greater quality of life for older LGBTQ2S+ residents
Edmonton Senior Centre	https://edmontonseniorscentre.ca/	https://www.instagram.com/edmontonseniorscentre/	780-425-8625		Provides opportunities and support for seniors
Elder Abuse Intake Line	https://www.edmonton.ca/programs_services/or_seniors/support-services		780-477-2929		Report and get information on elder abuse
Operation Friendship	https://www.ofss.org/		(780) 429-2626	9526 – 106 Avenue Edmonton, AB	Help supports seniors at risk
SAGE Senior Association	https://www.mysage.ca/	https://www.instagram.com/sageseniorsassociation/	(780) 423-5510	15 Sir Winston Churchill Square (on the corner of 102A Avenue and 100 Street) Edmonton, AB	Provides support and programs to seniors
Senior Isolation And Loneliness	https://www.edmonton.ca/programs_services/or_communities/senior-isolation-loneliness				Resource provided by the City of Edmonton